

Competition Guide











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1. Covid – 19 Important information

The organizing committee of the Canadian Boccia Championships is dedicated to the health of all participants and is committed to create a safe competition environment for all. To this end, the organizing committee has established these clear rules to reduce the risks associated with a COVID-19 outbreak, respecting health regulations of Boccia Canada and the local venue operators.

Although the organizing committee will be the first to ensure compliance with these rules, participants themselves will play a key role in ensuring a safe competition by following these guidelines.

However, no guidelines can completely eradicate the risk of exposure to COVID-19 at a public event. It is the responsibility of each athlete, coach, official and volunteer to consider their personal risk tolerance and determine whether they are willing and able to participate in the event.

Finally, while there's no strict hotel confinement for participants, the organizing committee invites you to be careful during activities outside the competition by respecting basic health instructions.

Proof of Vaccination

- All registered competition participants will be required to be adequately protected. The "Adequately protected" status means you received two doses of a Pfizer, Moderna, AstraZeneca, or Covishield COVID-19 vaccine OR one dose of these vaccines at least 21 days after contracting COVID-19 OR one dose of Janssen COVID-19 vaccine.
- Verification can be done ahead of time by sending proof of vaccine status to Michelle Worsfold at <u>michelleworsfold@rogers.com</u> or verification will be done at the hotel during arrival.
- Proof of vaccination and proof of identity will be checked to get accreditation. Each participant must come and pick up their own accreditation individually.
- Verification ahead of time for volunteers with proof of vaccine status sent to Michelle Worsfold at michelleworsfold@rogers.com.
- Wearing the accreditation certifies that the proof of vaccination has been validated.

- A participant who can't be vaccinated must show a medical exemption proof, provided by a physician or a nurse practitioner.
 - Exemption proof must include name and contact information of the physician or nurse practitioner and a precise statement for the medical reason, based on the exemption guidelines. French form can be found here.
 - He/she must produce a negative COVID-19 test taken upon arrival at the competition.

Mask wearing

- All competition participants will be required to wear a medical grade 2
 mask for nose and mouth covering at all times, unless they are not able
 to do so. In this case, the participant must wear a protective visor.
- The mask may be removed during meals and snacks. Athletes may remove their masks while on the field of play. For team/pairs competition, as a 2 m physical distance can't always be guaranteed.
- Masks will be provided by the organizing committee for the duration of the event, both at the hotel and at the competition site.
- Replace masks when they become damp.
- Masks are mandatory in all HOC vans

Venue Access

- Each participant will have to complete a waiver before the beginning of the competition.
- Fill out a daily virtual COVID-19 attestation form every morning before getting to the venue to certify that the participant has no symptoms. The link or QR code will be available at the hotel.
 - If he/she shows symptoms, the participant will not be allowed to access the site. The Covid Officers will determine the next steps.
 - All other adequately vaccinated participants won't have to be isolated until symptom review by the Covid Officers.
- Good hand hygiene is mandatory.

Basic health instructions

- Items such as packages of disposable tissues, medical masks, alcohol based hand wipes, gloves and alcohol based hand sanitizer will be available at the hotel and venue.
- Disinfection of the wheelchair and all equipment brought to the competition site is recommended regularly by the athlete or their assistant. Arm rests, joy stick, wheels, etc. can be wiped down with a disinfectant wipe or spray.
- Maintain a 2 m physical distance when possible.
- Practise good hand hygiene.
- Always cough into a mask, sleeve or tissue.
- Throw away used tissues/disposable masks.
- Minimize items taken into the call room and field of play.
- Bring a refillable water bottle.
- Respect signage in any indoor space.
- Respect rooms capacity established according to physical distancing regulations.
- Avoid unnecessary physical contact with individuals from different households (i.e. handshakes, hugs, kisses)
- Avoid unnecessary crowding at the hotel and venue.

The organizing committee will ensure strict adherence to these measures in order to reduce the risk of transmission and outbreak. In accordance with the Boccia Canada Back to Competition Guidelines V.2.

2. Competition Venue

The North London Optimist Community Centre

1345 Cheapside Street, London, ON, N5V 3N9

2.1 Courts

There are 6 competition courts. See Technical Package for details.

2.2 Team storage space

Equipment storage space is available at the competition venue. It will be locked at night.

2.3 Elevator

There is one elevator in the building.

2.4 Temperature

The gym temperature is approximately 22 degrees Celsius.

2.5 Parking

There are approx 100 parking spots at the venue.

2.6 WIFI

There is public WIFI at the Venue for general use, however the Network called "CBCHOC2022" is only for the HOC to use.

3. Registered Athletes

First Name	Last Name	Class
Justine	Bureau	BC1
Luke	Cambridge	BC1
Lance	Cryderman	BC1
Chris	Halpen	BC1
Lois	Martin	BC1
Hanif	Mawji	BC1
Kyle	Scott	BC1
Stephen	Westcott	BC1
Danik	Allard	BC2
Nathan	Bragg	BC2
Kristyn	Collins	BC2
James	Davis	BC2
Olivier	Dussault	BC2
Lisa	Ferenc	BC2
Marguerite	Julien	BC2
Thomas	Mahoney	BC2
Dave	Richer	BC2
Olivier	Roy	BC2
Eric	Bussiere	BC3
Joshua	Gautier	BC3
Joelle	Guerette	BC3
Alexandre	Lemaire	BC3
Marylou	Martineau	BC3
Alexandre	Raymond	BC3
Ryan	Rondeau	BC3
Alek	St-Pierre	BC3
Alexandre	Ziegler	BC3
Iulian	Ciobanu	BC4
Marco	Dispaltro	BC4
Alison	Levine	BC4
Giovanni	De Sero	BC5
Marc-Antoine	Goupil	BC5
Dan	Hutchison	Open
Alison	McKee	Open
Rene	Poirier	Open
Mildred	Thomas	Open

4. Key Personnel

Gabriel Couturier
Adam Dukovich (519-281-9327) (text only)
Marie Hébert
Alain Grenon
Sharon Martin
Tammy McLeod (519)-494-6379 (text preferred)
Michelle Worsfold/Janet Pool (548-588-2328) (519-200-4402)
Shauna Simoes (226)-268-6078
Peter Leyser
Jennifer Larson
Holly Janna

5. General Schedule

Mardi, 15 novembre | Tuesday, November 15th 2022

Arrivées au cours de la journée		
	Arrivées Arrivals	Hotel

Mercredi, 16 novembre | Wednesday, November 16th 2022

	Déjeuner Breakfast	Hotel
11h00 – 14h00	LUNCH	Venue
TXNUU=/UNUU	Souper Dinner	Hotel

Jeudi, 17 novembre | Thursday, November 17th 2022

	Déjeuner Breakfast	Hôtel
11h00 - 14h00	LUNCH	Venue
TI XNUU=/UNUU	Souper Dinner	Hotel

Vendredi, 18 novembre | Friday, November 18th 2022

^{*}L'horaire pourrait changer | Schedule may change

60 411 — XD 411	Déjeuner Breakfast	Hotel
11h00 - 14h00	LUNCH	Venue
11XN00=20N00	Souper Dinner	Hotel

Samedi, 19 novembre | Saturday, November 19th 2022

	Déjeuner Breakfast	Hotel
11h00 - 14h00	LUNCH	Venue
After Last Game	Cérémonie de remises de médailles pour les compétitions individuelles Medal ceremony for individual competition	Venue
18h00-20h00	Souper Dinner	Hotel

Dimanche, 20 novembre | Sunday, November 20th 2022

6h30 – 8h30	Déjeuner Breakfast	Hotel
11h30 - 13h30	LUNCH	Venue
After Last Game	Cérémonie de remise de médailles (double et équipe, ouverte) Medal ceremonies (pairs, teams, open)	Venue
18h30	Banquet de cloture cocktails Closing Banquet cocktails	Hotel
19:00	Dinner Souper	Hotel

Lundi, 21 novembre | Monday, November 21st 2022

Départs au cours de la journée Departures throughout the day	Départ Departure	Hotel
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6. Accreditation

All participants will receive an accreditation badge upon arrival at the hotel. Accreditation must be visible <u>at all times</u>, except when on court. Accreditation will be used as the "Covid Passport" so participants can be asked to show it at any time.

7. Anti-Doping

Anti-doping control <u>may</u> be administered at this competition. If it is, testing will be conducted by the Canadian Centre for Ethics in Sport. The World Anti-Doping association (WADA) list of prohibited substances can be found on the BISFed website: http://www.bisfed.com/about-boccia/anti-doping/. All doping processes will be in accordance with WADA procedures.

The CCES permits requests for adapted procedures for athletes with a disability. If athletes require additional equipment to collect a sample, CCES will have collection equipment on hand, such as catheters, nun's caps or urine bottles. Athletes are also permitted to use their own equipment. Athletes will be required to discard any urine that is in the collection vessel prior to providing their sample at doping control.

ATHLETES: As a participant in Boccia, the Canadian Anti-Doping Program (CADP) applies to you. It is important to know that by participating in the 2022 Canadian Boccia Championships, you are subject to the CADP, and accordingly, may be selected for doping control.

NOTE: BC3 Performance Partners are considered athletes under the CADP and as such, may also be selected for doping control.

The Canadian Centre for Ethics in Sport (CCES) is the custodian of the Canadian Anti-Doping Program (CADP); the set of rules that govern anti-doping in Canada. The CADP consists of several components such as in- and out-of-competition testing, education, medical exemptions, and the consequences of doping violations. The CADP is compliant with the World Anti-Doping Code and all international standards.

The CCES recommends that athletes take the following actions to ensure they don't commit an inadvertent anti-doping rule violation:

Doping Control

- Review the sample collection procedures: http://cces.ca/sample-collection-procedures
- Know your anti-doping rights and responsibilities: http://cces.ca/athletes-rights-and-responsibilities
- Always comply with a testing request if you are notified for doping control. A refusal or failure to comply with doping control procedures, without sufficient cause, may constitute an anti-doping rule violation.

Prohibited Substances & Method

- Check all medications and products before taking them to ensure they do not contain ingredients that are banned in sport: http://cces.ca/checkmeds
- Verify your medical exemption requirements: http://cces.ca/medical-exemptions
- Learn about the doping risks associated with supplement use and how to minimize them: http://cces.ca/supplements

8. Closing Banquet

One Closing Banquet ticket is included in the registration fee. No paper tickets will be provided – your accreditation is your ticket. The banquet will be held at the Four Points by Sheraton London

9. Accommodation

Four Points by Sheraton London 1150 Wellington Road South, London, ON, N6E1M3

10. Information Desk

The information desk will be located at the Hotel on Tuesday November 15th and in the competition venue from November 16th to 20th.

11. Meals

Meals are provided from Wednesday morning to Sunday night. *Accreditation is required at all meals.*

Breakfast is plated and will be served at the hotel between 6:30 a.m. and 8:30 a.m. It will be possible to bring the plates to your room or to eat in the breakfast room. Lunches will be served at the North London Optimist Community Centre between 11:00 a.m. and 2:00 p.m. Dinners are offered at the hotel between 6:00 p.m. and 8:00 p.m. in the form of buffet-style meals.

Registrants may also eat at the hotel, neighbouring restaurants, or purchase food at grocery stores at their own cost.

12. Transportation

Adapted / para-transportation will be arranged from the London airport to the hotel for participants who fly into London airport.

Adapted / para-transportation will be provided between the hotel and venue for all registered participants who do not have their own vehicle on site. **People with their own vehicle at the event cannot access this service.**

Masks are mandatory in all HOC Vans.

The transportation from the London airport to the hotel, as well as between the hotel and venue will be in rented vans operated by the HOC.

There will be assigned departure and return times based on the technical schedule.

There will be assigned departure times in the morning based on game schedules.

Trips from the venue to the hotel will be provided on demand. To request a return trip, participants need to go to the information desk at the venue.

Toronto shuttle:

People who have requested the Toronto shuttle will be picked up at Pearson Airport. Details will be provided directly to those who have booked this service.

It is advised that participants bring hats and warm, waterproof clothing as weather can be unpredictable at this time of year.

People are welcome to call and book accessible cabs at their own expense.

Green Taxi	519-777-8888
Yellow Taxi	519-657-1111

13. Medical Care

The Covid Officers are both Registered Nurses and will provide First Aid and immediate emergency response at the venue. If medical emergency, ambulance or paramedic care is needed outside of the venue, call 911.

University Hospital – London Health Sciences Centre, 339 Windermere Rd, London, ON N6A 5A5	Closest pharmacy from THE NORTH LONDON OPTIMIST COMMUNITY CENTRE: Shoppers Drug Mart 1365 Huron St, London, ON N5V 2E3
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14. Cameras

To foster a high-performance environment for athletes, no cameras other than those belonging to national team coaches, media liaison and the official event photographer are admissible in the competition area. During pair and team competitions, coaches may film the match from their designated area on court.

15. Awards

15.1 Medals

Gold, silver, and bronze medals will be given to the top three finishers in each category, provided that there are four or more competitors in the category. If there are only three competitors, certificates will be awarded to the third place finisher.

Wild card athletes are eligible for both medals and ranking points. Medals will also be awarded to BC1 and BC3 Performance Partners.

15.2 Gilles Henry Spirit of the Games Award

The Gilles Henry Spirit of the Games Award for sportsmanship will be awarded to an athlete at the end of competition.

15.3 Ranking Points

Ranking points will be allocated according to the <u>National Boccia Ranking System.</u>

16. Wheelchair Repair

Yurek Mobility will provide on site emergency wheelchair repair.

Phone: (519) 281-6314