

The Canadian Cerebral Palsy Sports Association :'Association canadienne de sports pour paralytiques cérébraux



## **Bowling Pins** ACTIVITY SHEET 002

## **Objectives: Placement and strategies**

# Number of players: 2 vs 2

Equipment: 6 pins and 3 balls per player

### Set up:

Place the pins randomly on the field. Choose diversified spots.



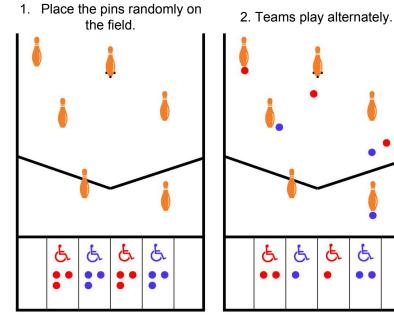
#### Procedure:

- Alternately, each team throws a ball to try to geet as close as possible to a pin without knocking it. Teammates decide among themselves who will throw the ball.
- When both teams have no more balls, count the points as following:
  - **1 point for** the ball closest to each pin.
  - **1 point deducted** from the team for each pin knocked down.
  - A ball near a fallen pin earns **no points.**
- Restart for the desired number of rounds, leaving the pins in the same place.
- The winning team is the one with the most points at the end.

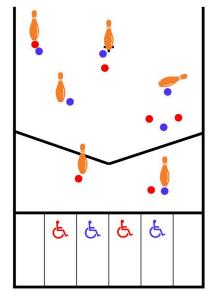
#### Variation:

It is possible to change the location of the pins between each end to work on placements at various parts of the field.

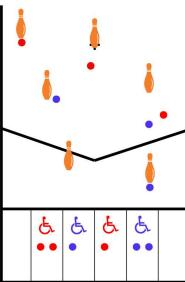
### **EXAMPLE**



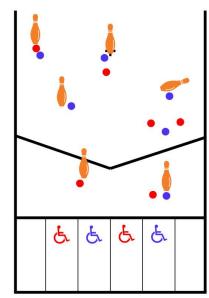
3. Play all the balls without knocking down any pins.



Red Points: 2 Pins knocked down: 0 Total: 2



4. Calculate the points.



Blue Points: 3 Pins knocked down: 1 Total: 2