

What's the difference?

BOCCIA VS. BOCCE

BOCCIA

WHO?

Athletes have disabilities which include cerebral palsy, muscular dystrophy, or spinal cord injuries. It is a Paralympic sport.



WHERE?

Played indoors, from a seated position, usually a wheelchair.



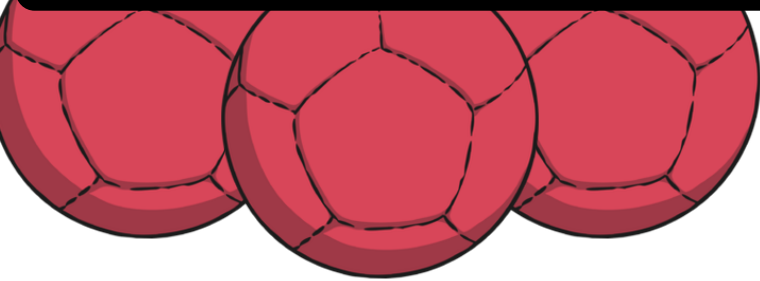
HOW?

Athletes can throw however they wish: underhand, overhead, sidearm, kicking, or using ramp and a performance partner.



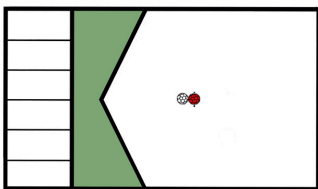
BOCCIA BALLS?

Boccia balls are made of leather filled with plastic grains and fit comfortably in one's hand. There are six balls per player/team!. There are six balls per side.



COURT?

6m wide x 12.5m long. Played on a floor of wood or terraflex.



BOCCE

WHO??

Bocce ball originates from ancient games played in the Roman Empire and is particularly popular in Italy. It has since caught traction in the Americas and is a Special Olympics sport.



WHERE?

Played outdoors or indoors on a long, narrow court.



HOW?

Players must throw the balls below waist height and can use a ramp.



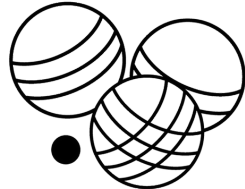
BOCCE BALLS?

Bocce balls are made of solid wood or resin. The white "target" ball is much smaller than the other balls. There are four balls per side.



COURT?

3.66m wide by 18.29m long. Made of stone, dirt, clay, grass or artificial surface.



SIMILARITIES

HOW TO PLAY?

Boccia and Bocce games both start when the target ball/jack/pallina is thrown. The side that threw the jack goes first. Players are allowed to hit the jack with their throws. Once the first coloured ball has been thrown, the other side has the opportunity to throw. From then on, the side which does not have the ball closest to the jack throws until they have used all of their balls. At that point, the other side goes. The object of the game is for a team to get as many of its balls closer to the jack than the opposing team's closest ball.

TEAM SPORT?

Both boccia and bocce can be played by individuals, pairs, or teams.

DEVELOPMENT OF THE SPORT?

Boccia and Bocce are some of the fastest growing Paralympic and Special Olympic sports.

